

Dear Bigs,

Big Brothers Big Sisters recognizes that saving a little time here and there is great, but we know that you don't want to cut out quality time with your Little so below you will find some great tips for enjoying quality your time with your Little while fitting in many of your other commitments as well. We hope you'll find these tips very useful!

Tips for Saving Time

JANUARY: Make a resolution with your Little for the new year! You can both commit to setting up a schedule for your outings to keep you both on track this year!

FEBRUARY: When you drop off your Little, make sure you take that opportunity to set up your next outing with their guardian in person. If the guardian is not home, send a note with the Little and follow up with the guardian the following day. This will help get your next outing on the calendar and eliminate and scheduling confusion!

MARCH: Include your Little in an errand that you would already be doing. For example, take your Little to the grocery store and then cook a meal together at your home afterwards!

APRIL: Want to get your work out in for the day? Invite your Little to your work out class or to the gym. If you don't belong to a gym, go on a walk or a bike ride in a park close by!

MAY: Manage your Little's expectations. For example, when you plan your outings be sure to tell your Little exactly how long the outing can last and stick to this schedule. This works really well with younger kids who may have trouble leaving an activity when they are having a good time or Littles who want to pack a lot of events into one outing.

JUNE: Don't want to miss your favorite shows? If they are age appropriate for your Little to watch, just bring your Little over and have popcorn while you both catch up on this week's episode!

JULY: Do you need to make a quick run to Target or Walmart? Take your Little along and maybe they can scope out the school supplies they'll need when school starts next month!

AUGUST: Take advantage of the BBBS sponsored match activities! They are usually no more than a couple hours in length and they are typically free or low cost. Check out the Activities Calendar on [Match Central](#) any time then RSVP to your Match Support Specialist today!

SEPTEMBER: Now that school has started again it's much more challenging to find time to hang out! Keep in mind your activities don't have to be long, you can always just grab a quick bite to eat after school/work to catch up on how school is starting out!

OCTOBER: Will you be celebrating Halloween? Take your Little with you as you search for the right costume! Maybe they'll find one too and you both might find a few laughs along the way!

NOVEMBER: With the holidays right around the corner, be sure to let your Little know what to expect from you during this season. Let them know ahead of time if you have family or travel commitments. Brainstorm with your Little about how to fit in short outings so that you can stay connected amidst the hectic season!

DECEMBER: "It's the most wonderful time of the year!" And the busiest! You probably have a lot of shopping to do in the next few weeks so why not include your Little? They may help you come up with great gift ideas too! Just be sure to set the expectation ahead of time that you will be shopping for others, not for goodies for your Little.